



## Aims & Objectives

This course abides by rigorous standards, ensuring that:

Early detection of deteriorating patients is prioritized, activating an efficient system to prevent cardiorespiratory arrest.

Prompt recognition of cardiorespiratory arrest triggers immediate initiation of cardiopulmonary resuscitation (CPR).

Emergency assistance is solicited instantly upon detecting cardiorespiratory arrest, if not summoned prior.

Defibrillation, when deemed suitable, is executed within three minutes of recognizing a cardiorespiratory arrest.

Successful resuscitations are followed by comprehensive post-cardiorespiratory-arrest care, encompassing safe patient transfers.

Regular measurement of standard implementation is conducted, with protocols to address identified discrepancies.

Staff partake in annual CPR training, aligning with their designated roles.

Clear comprehension of CPR decisions among staff is maintained.

Resuscitation tools and equipment are readily accessible.

The GDC asserts, "Dental practitioners and other dental healthcare staff must refresh their resuscitation knowledge and skills annually."

## Learning Outcomes

Upon completion, participants will:

Understand the pivotal role of a first aider.

Recognize treatment priorities.

Be well-versed in health and safety regulations.

Execute competent risk assessments.

Administer first aid for various injuries, illnesses, and shocks.

Employ the recovery position effectively.

Perform CPR (Cardiopulmonary resuscitation).

Review prevalent dental emergencies, relevant drugs, and devices.

Adapt first aid techniques to unique situations.

Assess incidents with precision.

Exhibit confidence in practical scenarios, including handling choking, panic attacks, and anaphylactic shocks.

Communicate seamlessly with teams, patients, and casualties.

Utilize the ABCDE approach to assess and treat acutely ill patients.

Discern the availability and application of emergency drugs for diverse medical emergencies.

Identify and manage common medical emergencies.

Execute CPR appropriately, based on situation and requirement.

### **CPD Course Duration:**

5.5 hours

### **UK GDC Development Outcomes:**

B and C.